

CLASS SCHEDULE



EAST FLOWER MOUND
972.439.6336

CLASSES	KICKBOXING		BRAZILIAN JIU JITSU		
	MON	TUE	WED	THUR	SAT
LITTLE WARRIOR	4:00 - 4:30	4:00 - 4:30	4:00 - 4:30	4:00 - 4:30 [▼]	10:00 - 10:30 [▼]
BASIC WARRIOR	4:30 - 5:00	5:15 - 5:45	4:30 - 5:00	5:15 - 5:45 [▼]	10:30 - 11:00 [▼]
WARRIOR 1	5:00 - 5:45	4:30 - 5:15	5:00 - 5:45	4:30 - 5:15 [▼]	11:00 - 11:45 [▼]
WARRIOR 2	5:45 - 6:30	5:45 - 6:30	5:45 - 6:30	5:45 - 6:30 [▼]	11:00 - 11:45 [▼]
BJJ COMPETITION TEAM					9:00 - 10:00 [▼]
ADULT MUAY THAI	6:30 - 7:30	6:30 - 7:30	7:30 - 8:30	7:30 - 8:30	
ADULT BJJ	7:30 - 8:30	7:30 - 8:30	6:30 - 7:30	6:30 - 7:30 [▼]	11:45 - 1:15 [▼]

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